

# Cycle Forth

Newsletter of the CTC Lothians and Borders Member Group

Spring 2009



The AGM saw a change of officers and committee members.

The current committee consists of

Chairman	Philip Rankin	0131 334 4213	p.rankin@blueyonder.co.uk
Secretary, Registration	Bill Coppock	0131 667 6872	bill.coppock@btinternet.com
Treasurer, Welfare	George Di Ponio	0131 669 6785	george.diponio@btinternet.com
Social Convenor	Anne Carter	0131 657 2189	annecarter2004@yahoo.co.uk
Promotion	Maureen Young	0131 661 3325	maureen.young@scotland.gsi.gov.uk
Committee Member	Sonya Crawford	0131 339 3709	piglet.eyeoore@blueyonder.co.uk
Representatives	Mike Harrison	0131 448 0930	mike@mahprojects.co.uk
on 'CTC Scotland'	Neil Robertson	0131 664 2131	neil@neil55.plus.com

**Bike Week** 2009 runs from Sat 13<sup>th</sup> of June to Sun 22 June. We will run our usual range of events, including the Tues evening, Wed and Sat runs, to which the public will be invited. In addition there will be a ladies' run on the evening of Thursday 18<sup>th</sup> June. There will also be an evening pot-luck supper at the Waverley Sports Club, 22 Suffolk Road, on Friday 19<sup>th</sup> June. Details of the ladies' run and of the supper can be obtained from Anne Carter (see contact details above). The principal runs of interest to the wider public will be shown on the Bike Week website at [www.bikeweek.org.uk](http://www.bikeweek.org.uk) and all of our events on the CTC Lothians and Borders website [www.ctclothians.org.uk](http://www.ctclothians.org.uk)

## EDWARD ZOLLER MEMORIAL TROPHY

The Edward Zoller Memorial Trophy is a pewter Quaich presented to the Lothians DA in 1997 by Anne Hutcheson (nee Zoller) in memory of her father's love of and life-long service to the Lothians DA. It is to be awarded to any member of the CTC Lothians and Borders Member Group who have given their time and skills in the service of the group, either in an official or non-official capacity.

It has since been awarded to Brian P Curtis (1997), Don Johnson (1998), Jack Murdoch (1999), Audrey Fyfe (2000), Mike Harrison (2001), Jimmy Murray (2002), Peter Martin (2003), Finlay Cairns (2004), Anne Carter (2005), Mike Harrison (2006), Richard Russell (2007).

The committee seeks nominations. Whose contribution wants recognition by the member group?



- Nominations should be proposed and seconded, and sent to the Secretary with detailed reasons for the proposal by the 30th of September.
- The awards committee will consist of the Secretary, Treasurer and President plus two members appointed from the committee in the year of nomination.
- All nominations will be considered by the awards committee, whose decision will be final.
- The trophy will be presented on the first appropriate occasion after the winner is selected

## Weekends Away 2009

**Jessie Harrington**

**0131 669 9838**

**[jhsh198scottst@yahoo.co.uk](mailto:jhsh198scottst@yahoo.co.uk)**

is very busy thinking up a series of weekends away for us to enjoy in 2009. She has already organised:

- a 'Rusty Rims' evening with local and Ayrshire CTC in Newton Stewart for April, (now completely booked up.)
- an expedition to St. Omer, Pas de Calais, France for the 'FFCT Semaine Fédérale' August 2-9.  
(It is still possible to book directly with FFCT via website [www.sf2009.fr](http://www.sf2009.fr).)

For those of us not so quick off the mark, it will be possible to join her later for

Date	Destination		Date	Destination
May 22-25	Dumfries	CTC KM(Kirkpatrick Macmillan) Rally 169	Sept	Applecross
June	tbc		October	tbc
July	Strathpeffer	Highland Hotel (Shearings)	November	tbc
August	tbc			

**Mike Bonar**

**0131 441 7573**

**[mgbonar@btinternet.com](mailto:mgbonar@btinternet.com)**

Is organising the Pitlochry Weekend

Sept 26, 27 Pitlochry Pitlochry SYHA

## CTC membership Concessions.

We would like to remind members that **Biketrax** offer members

**10% discount on accessories and 5% on bicycles.**

This concession extends to stock items, special orders and sales items excluded.

Biketrax are at  
11 Lochrin Place  
Edinburgh EH3 9QX  
0131 228 6633  
[www.biketrax.co.uk](http://www.biketrax.co.uk)

## Advertise here!

CTC members in Edinburgh organise regular rides. As a CTC member do you participate in, or lead rides in your area of Lothians and Borders?

If you do, you can contact the [secretary@ctclothians.org.uk](mailto:secretary@ctclothians.org.uk) to arrange for your programme to be publicised here, and on the website, [www.ctclothians.org.uk](http://www.ctclothians.org.uk).

If as a CTC member, you do lead rides, you are advised to register as a 'leader' with CTC, to get the benefit of 'leader' insurance cover. Contact the secretary for details.

## Edinburgh Rides

 (join the **mailing list** at [http://sports.groups.yahoo.com/group/Edinburgh\\_CTC\\_Riding\\_Group/](http://sports.groups.yahoo.com/group/Edinburgh_CTC_Riding_Group/))

We organise a series of day rides throughout the year on Wednesdays and Saturdays, departing at 10 a.m. In addition, there is a shorter and easier run of approximately 2 hours on the third Sunday of each month, again departing at 10 a.m., From 5<sup>th</sup> of May to 25<sup>th</sup> August there will be evening rides departing at 7:00pm

All Sunday and Tuesday runs start from the Commonwealth Pool, as do the Saturday runs, other than those on the **first** Saturday of each month, which leave from Slateford Viaduct.

The Wednesday rides have a variety of starting points, noted below. Please arrive in good time for **DEPARTURE** at the advertised time. Details of all of these rides can be obtained from the Runs Contacts or found on our website at [www.ctclothians.org.uk](http://www.ctclothians.org.uk)

### Wednesday Rides

Date	Meet	Destination
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01 Apr	SV	Blackness
08 Apr	F	West Linton
15 Apr	FH	Yellowcraig
22 Apr	RP	Culross
29 Apr	SV	Muiravonside
06 May	KX	Cademuir
13 May	(CAR)	Melrose
20 May	FH	Seacliffe
27 May	RP	Falkirk Wheel
03 Jun	KX	Innerleithen
10 Jun	FH	Tynninghame
17 Jun	SV	Cockleroy
24 Jun	FH	Whiteadder

Date	Meet	Destination
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01 Jul	RP	Rumbling Bridge
08 Jul	KX	Dawyck
15 Jul	FH	Hope Reservoir
22 Jul	KX	Heriot Water
29 Jul	(CAR)	Kinross
05 Aug	RP	Devilla Forest
12 Aug	F	Dunsyre
19 Aug	SV	Cairnpapple
26 Aug	RP	Lochore Meadows
02 Sep	KX	Manor Sware
09 Sep	FH	John Muir CP
16 Sep	SV	Muiravonside
23 Sep	FH	Stenton
30 Sep	RP	Bo'ness Railway

### Meeting Places

CP	Commonwealth Pool, seats in Dalkeith Rd near traffic lights	Os Ref: NT 267724
F	Firhill (Colinton Rd / Colinton Mains Drive)	NT 225698
FH	Fisherrow Harbour car park	NT 334729
KX	Kingston Crossroads (Gilmerton Rd / Mount Vernon Rd)	NT 280699
RP	Roseburn Path (on bridge) at Wester Coates Terrace	NT 231732
SV	Slateford Viaduct (where Lanark Rd crosses Water of Leith)	NT 221707

### Runs Contacts

Sunday (and Social Convenor)	Anne Carter	0131 657 2189	<a href="mailto:annecarter2004@yahoo.co.uk">annecarter2004@yahoo.co.uk</a>
Saturday:	Neil Brearley	01968 677117	<a href="mailto:norma.brearley@googlemail.com">norma.brearley@googlemail.com</a>
Tuesday:	Neil Robertson	0131 664 2131	<a href="mailto:neil@neil55.plus.com">neil@neil55.plus.com</a>
Wednesday:	Peter Martin	0131 229 8615	<a href="mailto:mr.petermartin@gmail.com">mr.petermartin@gmail.com</a>

### Group Riding Guidelines

All participants on club runs are asked to comply with the following guidelines for group riding:-

- ✓ Follow the Highway Code, showing consideration for all road users. Don't stop near junctions or block the sight-lines of other road users.
- ✓ The group normally rides two abreast, each rider keeping directly behind the rider in front (KEEP IT TIDY). Never overlap your front wheel with the rear wheel of the bike in front.
- ✓ When necessary, single up, e.g. on a narrow or busy road, when vehicles approach or opposite a continuous white centre line.
- ✓ Ride smoothly and try not to slow or stop suddenly. Always give a warning to those behind.
- ✓ Shout and signal warnings of danger or change, e.g. uneven or loose surfaces, vehicles approaching or left and right turns.
- ✓ If you are unable to keep up (due to mechanical or other problem) or wish to leave the group, let others know.
- ✓ Respect the leader's position and do not ride ahead, except on long uphill sections. In any case always wait for others to catch up.
- ✓ Ensure that your bike is in good order, that you are self-sufficient for spares and preferably have mudguards and an effective rear mud flap fitted.
- ✓ Pass a message forward if a gap develops behind you.
- ✓ Always check behind before starting off or changing direction.
- ✓ The group should ride at the speed of the slowest rider.
- ✓ If the group is large, consider splitting it to aid overtaking traffic.
- ✓ Please take your turn at the front when there's a strong headwind.